



Living, Learning, Loving: Lessons of Insight and Encouragement on the Path of Motherhood

**FROM SURVIVING TO THRIVING: THE ULTIMATE
BOOK SINGLE PARENTS HAVE BEEN WAITING FOR**

This book, written from a single mom's perspective, addresses unique challenges often overlooked in other parenting books.

It's an honest look at the challenges of parenting on your own and offers practical guidance on dealing with everything from money management and dating again, to learning how to set boundaries. Whether you're back in the dating game, trying to juggle work, your kids, and social life, or just feel like your priorities need a bit of tweaking - this book will give you the insights to lead a happier, healthier, and more balanced life as both a single mother and woman.

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AUTHOR BIO

Gail Cawley Showalter is a writer, speaker, and advocate for young single mothers. As a former single mom of three, Gail draws from her own experiences to offer practical advice, personal stories, and encouragement to women facing similar challenges. Her passionate and compassionate voice has helped countless women find the strength and resilience to overcome adversity and find success in their lives.

REVIEW

*"I was enthralled with the message of this book because I too was a single parent struggling to find my place and the new environment that was thrust upon me... Gail gave **important instruction & encouragement for mothers who are thrust into the throes of managing their life, staying in balance, and most important, maintaining and/or finding faith in God as a necessity for finding new purpose & hope...** I especially appreciate her wisdom because she has lived through the hardships & joy of single parenting!"*

TERRI BROWN
Amazon customer